### Community Report Card

The following questions will help you to think about your community’s **strengths and weaknesses** in Aging in Place and grade your community on how well it is doing in each component of agelessness.

<table>
<thead>
<tr>
<th>Core Components to an Ageless Community</th>
<th>Your Grade</th>
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<tbody>
<tr>
<td>1) Community Design and Planning</td>
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<tr>
<td>2) Arts, Culture and Lifelong Learning</td>
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<td>3) Housing</td>
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<td>4) Workforce Development</td>
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<td>5) Transportation and Mobility</td>
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<td>7) Health and Wellness</td>
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<td>8) Civic Engagement and Volunteer Opportunities</td>
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<td>9) Sustainability</td>
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<td>10) Public Safety and Services</td>
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<td>11) Equity of Opportunity</td>
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### 1) Community Design and Planning

- Zoning requirements, subdivision regulations or building codes that promote/support other flexible housing options (e.g., shared housing, accessory apartments)
- Plans to ensure all land use patterns, transportation routes and community facilities meet the needs of people of all ages
- Well-lit public spaces
- Public spaces that encourage diverse use
- Zoning review and adjustment regulations to facilitate integrated use where possible
- Amenities evenly distributed throughout the community

**My Community has:**

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<td>Many</td>
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**Grade _____**

### 2) Arts, Culture, and Lifelong Learning

- Quality, accessible adult education programs
- Strategic cultural planning efforts
- A strong library system
- A high level of educational attainment
- Adult education programs in the arts
- Availability of artists’ space
- Discounts for older adults who want to take classes at local colleges/universities

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**Grade _____**
3) Housing
   __ Home maintenance/repair assistance programs
   __ Modification of services for older adults, such as backyard trash collection
   __ Subsidized housing facilities
   __ Measures to address the impact of changes in local property taxes on citizens with fixed incomes
   __ Promotes housing codes that meet the needs of an aging community
   __ A supply of affordable housing options available to seniors
   __ Programs for advising seniors
   __ Incentives for housing with “universal design”
   __ Property tax abatements in naturally occurring retirement communities (NORCs)
   __ Programs to review housing codes for needs of elderly
   __ Programs to facilitate/raise awareness of housing alternatives like co-housing
   __ Community Land Trust Partnerships
   __ A low cost-of-living to income ratio

My Community has:
   A All or Almost All
   B Many
   C Some
   D Two or less
   Grade _____

4) Workforce Development
   __ Job retraining opportunities
   __ Flexible job opportunities
   __ Job banks for older adults
   __ Bi-lingual classes for non-English speaking older adults
   __ Networking resources for the unemployed
   __ Outreach programs to connect retirees to opportunities for re-engagement in the workforce
   __ Review and adjustment of early retirement policies where possible
   __ Employers that offer flexible work solutions and telecommuting
   __ Employers that offer a livable wage
   __ A low unemployment rate

My Community has:
   A All or Almost All
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   Grade _____

5) Transportation and Mobility
   __ Affordable public transportation to and from senior centers, adult day services, grocery stores, faith communities and cultural events
   __ Discounted taxi cab and public transportation fares for seniors
   __ Dial-a-ride and door-to-door para-transit options
   __ Road design tailored to the needs of older adult drivers (larger signage, left turn lanes, road markings)
   __ Sidewalks and street crossings made safe and accessible (bumpouts, crosswalk countdown, island in middle of street)
   __ Sidewalks linking housing and essential services for walking residents
   __ Disability-friendly public transit
   __ Traffic calming measures to slow traffic (speed bumps, surface changes, pedestrian zones)
   __ A bike sharing program
   __ Accessible driver safety education classes
   __ Programs for education/awareness of transportation options
   __ A regional transportation plan

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   Grade _____
6) Local Leadership
__ Community design that promotes development and design standards that facilitate walking for a variety of trip purposes
__ Local leaders who strives to promote interaction between all generations
__ Local leaders who understand that universal design aids a specific demographic and society as a whole
__ Local government that acts as an advocate and catalyst for developing partnerships, new programs and systems to aid and engage their older adult constituents
__ Opportunities for harnessing the talent, wisdom and experience of older adults to contribute to the community at large
__ A high level of trust in local government

My Community has:
A All or Almost All
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7) Health and Wellness
__ Accessible health care options that meet a variety of needs
__ Exercise and wellness programs tailored to specific health concerns such as heart disease
__ A high number of primary care providers per capita
__ Free or affordable preventative screenings (blood pressure, mammograms)
__ Nutrition classes for specific health/financial needs
__ Communal meals at a recreation or senior center
__ Programs for home meal delivery
__ Programs for education/support of family caregivers
__ Regular assessments according to the ACSM American Fitness Index
__ Accessible parks and other exercise venues that can be reached by several modes of mobility
__ Programs for publicizing fitness venues
__ Land use planning that incorporates access to health care
__ Intergenerational child care programs
__ A high number of community health centers per capita
__ Programs for assistance with insurance (applications/advice)

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8) Civic Engagement and Volunteer Opportunities
__ Meaningful volunteer opportunities for skilled older adults
__ Intergenerational volunteer opportunities
__ Mentoring programs
__ Cultural opportunities the reflect ethnic demographic
__ Social media outlets (listservs and websites) that promote civic engagement
__ A high voter participation rate
__ Functioning neighborhood organizations
__ Open public meetings

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Grade _____
9) **Sustainability**
   - Local food sourcing
   - LEED Certified buildings
   - Urban community gardens
   - Tree planting programs with benchmarks
   - Preservation of open space
   - A strong recycling program
   - A high percentage of energy from clean sources
   - Healthy air quality

10) **Public Safety and Services**
    - Elder abuse/neglect identification and prevention programs for citizens, first responders, and law enforcement
    - Neighborhood watch programs
    - Specialized training for frail elderly
    - Plans for the evacuation of older adults in the event of a natural disaster or homeland security event
    - GIS layout or knowledge of where older adults reside for services to be provided in case of severe weather or other situations that prevent residents from leaving their home
    - Cooperative policing
    - Mail carrier alert systems

11) **Equity of Opportunity**
    - Comprehensive non-discrimination policies
    - Proactive non-discrimination efforts
    - Social services sufficient to meet the community’s needs
    - Governing bodies representative of the community demographic makeup
    - A progressive tax structure

- My Community has:
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Grade _____